

Sunday Explorers

WEEK TWO: Nature Patterns

Nature is full of beautiful patterns if we take time to look.

Before you start:

- Try to collect natural things that have already fallen to the ground.
- Only pick a flower or leaf if there are many and never pull or dig up a plant.

Create Natural Art

Collect fallen:

- Leaves
- Twigs
- Seeds
- Petals
- Stones
- Pinecones



Arrange your collected things into:

- A spiral
- A circle
- A repeating pattern
- A picture
- An animal shape



Take a photograph before you leave your artwork for nature to reclaim.



Become a Pattern Deceptive

Can you find:

- ☒ A striped pattern
- ☒ A spiral pattern
- ☒ A repeating pattern
- ☒ A symmetrical leaf
- ☒ Interesting tree bark
- ☒ Patterns in clouds
- ☒ Shapes hidden in nature





Take a Mindful Moment

Look closely at a leaf.

Notice every line, shape and detail.

Nature is full of tiny patterns
waiting to be discovered.

Become a Nature Detective!

You've been exploring the incredible patterns hidden in nature.

Scientists often rely on people like you to help spot and record wildlife, plants and seasonal changes. Every observation helps build a better understanding of the natural world.

Contribute to real science by visiting our Citizens' Science webpage to tell us about the nature you have seen, or the things you have done to care for nature.

Click here to take part!



A GREAT PLACE
TO *Grow up*

Letchworth
Garden City
Heritage Foundation